

Race manuel

Front page. (Forside)

Welcome to Midt24 2024

This is a new bike race in Central Jutland for anyone with passion for cycling.

The race will take place the 3rd full weekend in June, the next time on June 15-16, 2024. The race starts on Saturday at 10am and ends 6, 12 or 24 hours later.

You have 6, 12 or 24 hours at your disposal. How far you reach is entirely up to you.

It is recommended that participants read the information on the website and abide by the rules and instructions.

About the race. (Om løbet)

Here you will find information about the race:

Time and place

Midt24 will run from June 15th at. 10:00am to June 16, 2024 at 10:00am.

Location: Snejbjerg Hallen, Snejbjerg Hovedgade 75, 7400 Herning.

At least one lap on the first route must be completed.

For teams, this applies to a single team participant.

During team races, there must be only one rider on the route at a time.

Classes and prices

It's possible to buy catering for family, friends etc. as additional purchase, see below under catering.

It's possible to buy live tracking as additional purchase, see below under time registration.

You can choose from the following classes:

24H Non draft solo (RAAM)
24H Non draft 2 ps team
24H Non draft 4 ps team
24H Recumbent bike non draft solo
12H Non draft solo
12H Non draft 2 ps team
12H Recumbent bike non draft solo
6H Non draft solo
6H Recumbent bike non draft solo

24H Draft solo
24H Draft 2 ps team
24H Draft 4 ps team
12H Draft solo
12H Draft 2 ps team
6H Draft solo

Prices (dkr per person):

Midt 24	2024	01/10-31/12	01/01-14/04	15/04-09/06
24 H solo non draft 24 H solo draft 24 H Recumbent bike		699	849	949
24 H team 2 ps. non draft 24 H team 2 ps. draft		499	649	749
24 H team 4 ps. non draft 24 H team 4 ps. draft		399	549	649
12 H solo non draft 12 H solo draft 12 H Recumbent bike		499	649	749
12 H team 2 ps. non draft 12 H team 2 ps. draft		399	549	649
6 H solo non draft 6 H solo draft 6 H Recumbent bike		399	549	649

Routes:

Starting route:

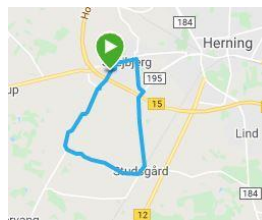
- 24 and 12 hours: Saturday 10:00am – 08:00pm
- 6 hours: Saturday 10:00am – 02:00pm



You can see the starting route on this [link](#)

Intermediate route:

- 24 hours: Saturday 08:00pm – Sunday 09:00am
- 12 hours: Saturday 08:00pm – 09:00pm
- 6 hours: Saturday 02:00pm – 03:00pm



You can see the intermediate route on this [link](#)

Final route:

- 24 Hours: Sunday 09:00pm – 10:00pm
- 12 hours: Saturday 09:00pm – 10:00pm
- 6 hours: Saturday 03:00pm – 04:00pm



You can see the final route on this [link](#)

Time registration

Time will be registered by a supplied chip that will be mounted on the ankle or the bike. The chip has to be returned after run. If not, the price is 375 dkr.

There is both a start and an end scan that must be passed for each lap.

There will be check scans around the various routes.

In team driving, shifts are made by starting rider having to run through start scan when final rider has run through end scan.

It is possible to buy a chip used for live tracking. It is an additional service, which costs 150 dkk

Before the race

Delivery of bag with the following:

Timing chip for mounting on the ankle (see instructions)

Label for mounting on the saddle tube (see instructions)

Eating bracelets for helpers ordered at registration

The bag will be delivered on Friday at. 8:00pm – 9:00pm, or Saturday at. 8:00am - 9:00am. If you arrive late, you can receive the bag immediately after the regular start.

Start

You must be ready to start at 9.50pm. at the designated locations.

All riders start together at 10:00pm, - tricycles in the front.

During the race

There are 3 routes depending on the time (see below routes)

Pay attention to draft / non draft.

During team driving, change as directed (see under timing)

The dropzone is marked by a signage. The dropzone is the only place on the route where you are allowed to throw waste. See map sketch for practical info.

When you are not on the route there is a possibility of catering and rest etc. at the starting area. (see under care and practical info)

Observe the rules of the race (see rules / safety)

After the race

Depending on the class you have attended and whether you have had enough rest, driving a car immediately after the race can be irresponsible.

See below for practical info.

Catering. (forplejning)

Full day care for riders is included in the registration fee.

Teammates, friends and family can buy an eating bracelet for 200 DKK, which gains access to eat in the start / finish areas catering around the clock.

Children aged 3-12 (both incl.) Pay DKK 100, - for eating bracelet.

The eating bracelet is purchased upon registration.

Catering consists of:

Both days 09:00am – 10:00am: Bread, butter, cheese, jam, Nutella

Before and during the race: Coffee, water, energy drink, soda water

During the race: Bread with cold cuts, jam, Nutella, sausage horn, fruit, melon,
almonds, raisins, peanuts, chocolate, chips.

Saturday 03:00pm – 05:00pm: Pasta salad with chicken

Saturday 06:00pm – 08:00pm: Pasta with meat sauce

Sunday 00:30am – 02:00am: Soup

Practical information. (Praktisk info)

There is the possibility of dressing and bathing in the Snejbjerg Hallen

There is the possibility of overnight rest in the Snejbjerg Hallen after the race. The hall will be open from Friday evening at. 6.00pm to Sunday 3:00pm, but you must provide sleeping mats, sleeping bags, etc.

Overview of the starting area at the Snejbjerg Hallen:



Camping:

You can camp with a caravan (without electricity and water) and tents at the designated places in the overview below. The seats are available from Friday at. 4 pm to Sunday 7 pm.

Contact camp manager on tel. +45 2264 6609 before camp.

For caravans, installation will be on asphalt / tile area



Parking: See the designated areas below



Dropzone: See the designated areas below



Rules and safety. (Regler og sikkerhed)

You run the race at your own risk

You must comply with the Road Traffic Act.

You must wear a bicycle helmet.

Anyone over 18 on the start day can take part.

We allow all types of bicycles that are allowed to use in traffic, inclusive recumbent bike, but not electric bicycles.

Do not use Tristyr / single start brackets (non-draft participants are excluded)

Use of reflective vest and mounted light:

- 24 hour riders: Reflective vest and light must be mounted between 9 pm and 5 am. Light must be turned on between 10pm and 5am.
- 12 hour riders: We recommend to use reflective vest and light between 8pm and 10pm.
- In general: We recommend to use reflective vest.

Escort cars are only allowed in solo non draft. Accompanying cars must not drive on the bicycle bridge over the highway.

Rules for drafting for the draft and non-draft classes:

For non-draft riders, the following applies:

It is not allowed for non-draft riders to get drafting for other riders

The following applies to draft riders:

It is allowed to ride in groups with other riders, regardless of class registration, and to get drafting.

Insurance: Participation is at your own risk - remember to check your own insurance conditions.

Any cancellation of the race due to weather or other force majeure will not result in repayment of the entry fee.

If you are prevented from participating, your registration fee will not be refunded.

Note that you may sell or transfer your starting number to another person.

The deadline for registration is June 9, 2024.

Phone number to doctor : +45 70 11 31 31

Phone number to police : 114

Phone number to emergency assistance : 112

RAAM

Race Across America (RAAM) is one of the most respected and longest running ultra-endurance events in the world.

To qualify, you have to compete in RAAM-class and complete Midt24 in minimum miles as showed below:

Men: 400 miles (643,74 km)

Women and men 60+: 370 miles (595,45 km)

See more about qualifying etc. on <http://www.raceacrossamerica.org/>

Registration. (Tilmelding)

MyRaceresult

Contact us. (kontakt os)

Organizer: Snejbjerg Cykel motion

Email: midt24@outlook.dk

Responsible for running: Lars Kongsted Christensen Tel: +45 8161 4101,
- on the day Carlo Lauridsen Tel .: +45 2014 4094.

Camping manager: Kjeld Hansen Tel: +45 2264 6609.

Results. (Resultater)

After the race you can see the results list via Myraceresult.